

# TEI<sup>ue</sup>™ Emotional Intelligence

Unlocking emotional intelligence

## WHAT IS THE TRAIT EMOTIONAL INTELLIGENCE QUESTIONNAIRE?

Emotional intelligence (EI) is how well a person understands and manages their emotions and the emotions of others and how they use this knowledge to manage relationships. Developing these skills is critical in the workplace, with strong emotional intelligence being linked to high performance. The Trait Emotional Intelligence Questionnaire (TEIQue) measures EI, providing answers to questions such as:

- How aware is this person of their strengths and limitations?
- How does this person react to pressure?
- Does this person excel at developing relationships?
- How self-motivated and adaptable is this person?
- How can this person understand the emotions of others?

## HOW CAN TEI<sup>ue</sup> HELP YOU?

### Recruit emotionally intelligent candidates

- Gain an insight into how candidates manage their own emotions and the emotions of others
- Understand how they may respond to stress or change

### Retain your employees

- Identify and develop emotionally intelligent managers who engender loyalty and engagement

### Develop your managers

- Fine tune the skills of your managers by boosting their self-awareness
- Give them the tools to improve how they engage and communicate with their teams

### Support personal development

- Pinpoint specific areas for development
- Support development plans towards people management or other goals

# WHAT YOU GET WITH YOUR TEIQue REPORT

The TEIQue report explains the background to emotional intelligence, its role in the workplace and an interpretation of your scores, including how these may manifest in the workplace and any issues to think about and work on.

The TEIQue Personal Development report is the next level in terms of developing emotional intelligence. It provides your people with in-depth information around how their scores may impact their performance at work and includes detailed considerations for development and training in emotional intelligence.

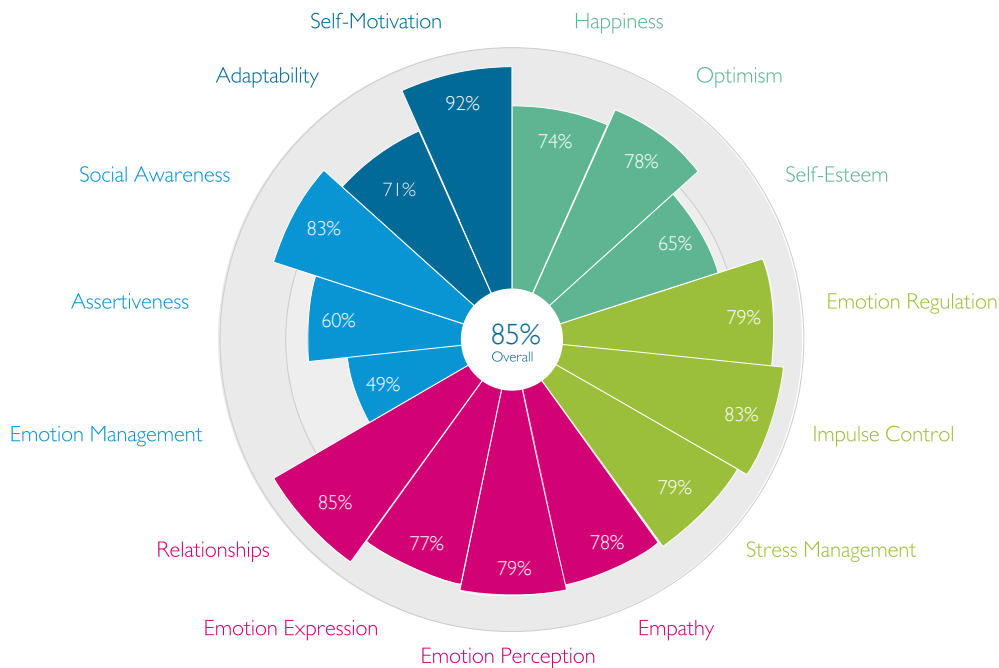
**Assessment type:** Personality

**Training required:** Thomas TEIQue workshop

**Time to complete:** 20 minutes

**Validation:** Registered with the British Psychological Society

**Format:** 153 questions



## GET IN TOUCH

Talk to us about your requirements and we'd be delighted to help you create the right plan for your organisation.

Speak to your consultant or contact us on : +603 2178 6286 / email: [malaysia@thomasasia.com](mailto:malaysia@thomasasia.com) or telephone +852 (0) 3960 519 / email: [hongkong@thomasasia.com](mailto:hongkong@thomasasia.com)



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The Trait Emotional Intelligence Questionnaire (TEIQue) was developed (and is continually updated) by K.V. Petrides, PhD at his London Psychometric Laboratory, currently based at UCL. It is one of the world's best-researched and most widely applied psychometric instruments. For more information about the scientific pedigree of the TEIQue, go to [www.psychometriclab.com](http://www.psychometriclab.com).

